

Your Safety Net:

Physician Supervision

A common concern with direct testing is interpreting the results. We have established a Physician Safety Net for this program. While you are in charge of ordering these tests, a physician reviews the reports to flag any critical results. This ensures you are never left alone with urgent health data and provides a professional safety layer alongside your independence.



**PHYSICIAN ORDERED LAB TESTS
AVAILABLE IN RUPERT**

**COMING SOON:
CASH-BASED PHYSICIAN ORDERS**

We are expanding our services to include Cash-Based Tests for patients who already have a physician's order.

- **Discounted Pricing:** The cash payment amount is discounted directly to the patient.
- **No Insurance Headaches:** These tests do not need to be submitted to insurance, making it ideal for those with high deductibles.
- **Watch For It:** This service will be available soon.

Visit Us Today!



RUPERT

1224 8th Street
Rupert, Idaho 83350

Call the Lab at 208-436-0481 Ext. 4700

HOURS OF OPERATION

Monday - Friday: 7am-6pm
Saturday: 7am-4pm



FIND MORE INFORMATION ONLINE

<https://minidokamemorial.org/direct-access-labs/>

Take Charge of Your Health

Direct Access Labs Are Here

PROFESSIONAL TESTING.

NO APPOINTMENT NECESSARY.



Your Health, On Your Schedule

We understand that life is busy and your time is valuable. That is why we have introduced Direct Access Patient (DAP) testing. This service is designed for the entire community—from past health fair participants wanting to stay on track to anyone seeking affordable answers without the wait.



The Value of Direct Access

Why choose DAP? We offer more than just tests; we offer the comfort of knowing.

- Unlimited Requests:** There are no limits on how often you can check your numbers, allowing you to track trends whenever you want.
- Total Convenience:** Get lab work done on your timeline, fitting perfectly into your busy lifestyle without scheduling conflicts.
- Accessible Locations:** Services are fully available at our Rupert location for your ease.
- Cost Savings:** Enjoy the financial benefit of transparent, direct pricing without the added cost of an office visit.

Transparent Pricing on Common Tests

We believe in showcasing our prices upfront so there are no surprises. You can request specific labs at any time, including our most popular screenings

SCAN THE QR FOR MORE
INFORMATION ON THE
LAB TESTS

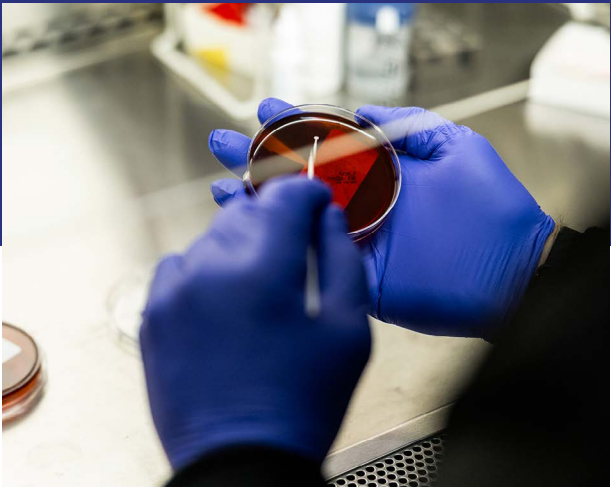


NAME OF LAB TEST	COST
Complete Blood Count (CBC with Auto Differential)	\$20
**Comprehensive Metabolic Panel (Blood Sugar, Liver, Kidney, Electrolytes)	\$30
ESR- (Sedimentation Rate)	\$10
Ferritin	\$15
**General Health Panel (Comprehensive Metabolic Panel, Lipid, CBC and TSH)	\$90
Glycohemoglobin (A1c)	\$30
Hemosure-Fecal Occult Blood Test (Sample Collection Kit)	\$10
Iron/ IBC	\$35
**Lipid (Cholesterol HDL, LDL, VLDL, Calculated risk and Triglycerides)	\$20
Pregnancy test, Qualitative (Urine or Serum)	\$15
Prostate Specific Antigen (PSA)	\$15
Protime/ INR	\$25
Thyroid Stimulating Hormone (TSH)	\$20
Thyroid- Free T4	\$20
Uric Acid	\$10
Urinalysis (Dipstick Only)	\$25
Vitamin D-25, Hydroxy	\$50
Venipuncture - Included with all Blood Draws	\$7

How It Works: A Simple 3-Step Process

We have streamlined the experience to be as fast and easy as possible, removing the need for a prior appointment.

- Registration:** Simply walk into the registration desk at our Rupert location and request the **DAP Form**.
- Payment & Test:** Fill out the simple paperwork and handle payment upfront. The entire lab work process is designed for speed, typically **providing results the same day**.
- Results:** You choose how you want your data. Results can be picked up in person with photo ID or sent via mail to your home or accessed instantly and confidentially through **MyChart**.



What is DAP?

Direct access patient testing (DAP), or patient-initiated testing, allows individuals to order laboratory tests directly from labs without a physicians order, often for wellness tracking or convenience. These services are paid out of pocket, with results sent directly to the patient via mail, on online portals (MyChart), or for pickup.