SAFESITTER

Designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue and CPR!

SAFE SITTER® CLASS INFORMATION

September 16, 2022 | September 30, 2022

9:00 am-3:30 pm

Minidoka Memorial Hospital
1224 8th Street, Suite 14
Rupert, Idaho 83350

REGISTRATION INFORMATION

Class fee is $65

Students should bring a sack lunch.

Pre-registration is required by September 1, 2022. To register, call 208-436-8127 or email education@minidokamemorial.com. Register early as classes fill quickly!

Minidoka Memorial Hospital

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education@minidokamemorial.com

SAFESITTER

SAFE SITTER® CLASS CONTENT

SAFETY SKILLS

Students learn how to prevent unsafe situations and what to do when faced with dangers such as power failures or weather emergencies.

FIRST AID & RESCUE SKILLS

Learning skills such as choking rescue and CPR is often students' favorite part of the class. Students also learn a system to help them assess and respond to injuries and illnesses.

LIFE & BUSINESS SKILLS

The ability to screen jobs, discuss fees, and greet employers will set students up for success now and in the future. Students practice these skills through various role plays.

CHILD CARE SKILLS

Students learn tips to manage behavior that will help them stay in control of themselves and the children in their care. Students also learn the ages and stages of child development, as well as practice diapering.

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