



Minidoka Memorial Hospital
Community Training Center
1224 8th street, Suite 14
Rupert, Idaho 83350
(208)436-0481 ext. 2128

2022 SCHEDULE

Minidoka Memorial Hospital will be offering monthly Heartsaver CPR and First aid classes for **\$65.00**, we will offer each of these two classes (CPR/AED or First Aid) individually for **\$45.00** and teach additional AHA courses as the need arises.

Heartsaver CPR & First Aid: The AHA's Heartsaver First Aid CPR AED Course is a classroom, Instructor-led course designed to prepare students to provide first aid, CPR, and use an automated external defibrillator (AED) use in a safe, timely, and effective manner. Upon successful completion of the course, including a first aid skills demonstration and a CPR and AED skills test, students receive a Heartsaver First Aid CPR AED course completion card, valid for two years. Course Content: First aid basics, Medical emergencies, Injury emergencies, Environmental emergencies, and Preventing illness and injury.

January	22 nd	@ 8 am	July	23 rd	@ 8 am
February	26 th	@ 8 am	August	20 th	@ 8 am
March	19 th	@ 8 am	September	24 th	@ 8 am
April	16 th	@ 8 am	October	22 nd	@ 8 am
May	21 st	@ 8 am	November	19 th	@ 8 am
June	25 th	@ 8 am	December	10 th	@ 8 am

Spanish Heartsaver First Aid and CPR: The AHA's Heartsaver First Aid CPR AED Course is a classroom, Instructor-led course designed to prepare students to provide first aid, CPR, and use an automated external defibrillator (AED) use in a safe, timely, and effective manner. Upon successful completion of the course, including a first aid skills demonstration and a CPR and AED skills test, students receive a Heartsaver First Aid CPR AED course completion card, valid for two years. Course Content: First aid basics, Medical emergencies, Injury emergencies, Environmental emergencies, and Preventing illness and injury.

January	@ 8 am	July	@ 8 am
February	@ 8 am	August	@ 8 am
March	@ 8 am	September	@ 8 am
April	@ 8 am	October	@ 8 am
May	@ 8 am	November	@ 8 am
June	@ 8 am	December	@ 8 am

Health Care Provider (BLS): The AHA’s BLS Provider Course teaches both single-rescuer and team basic life support skills for application in both prehospital and in-facility environments, with a focus on high-quality CPR and team dynamics. In the Instructor-led course, students participate in simulated clinical scenarios and learning stations. Students work with an AHA BLS Instructor to complete BLS skills practice and skills testing. Students also complete a written exam. Cost is \$60.00.

January 25 th	@10am	February 15 th	@10am
March 15 th	@10am	April 20 th	@10am
May 18 th	@10am	June 22 nd	@10am
July 20 th	@10am	August 17 th	@10am
September 21 st	@10am	October 19 th	@10am
November 16 th	@10am	December 14 th	@10am

Health Care Provider (BLS) Skills Check offs: HeartCode BLS uses a variety of eLearning assets such as dramatizations, eSimulations, animations, self-directed learning, and interactive activities to teach students BLS knowledge and skills. After completing the online portion, students attend a structured BLS Hands-On Session with an AHA Instructor. This session focuses on meaningful skills practice, debriefing, team scenarios, discussions of local protocols, and skills testing. HeartCode BLS is for healthcare professionals seeking an alternative method for completing an initial or renewal BLS Course. Cost is \$25.00.

January 18 th	@9am	January 25 th	@9am
February 8 th	@9am	February 15 th	@9am
March 15 th	@9am	March 16 th	@9am
April 13 th	@9am	April 20 th	@9am
May 11 th	@9am	May 18 th	@9am
June 15 th	@9am	June 22 nd	@9am
July 13 th	@9am	July 20 th	@9am
August 10 th	@9am	August 17 th	@9am
September 14 th	@9am	September 21 st	@9am
October 12 th	@9am	October 19 th	@9am
November 9 th	@9am	November 16 th	@9am
December 7 th	@9am	December 14 th	@9am

BLS/HS Instructor course: The BLS Instructor Essentials Course is taught in a blended-learning format. Candidates must complete the online portion, followed by the hands-on session, which is classroom based. The online portion of the course contains both core content and discipline-specific modules to prepare the instructor candidates for the hands-on session. In the classroom, Faculty will continue preparing instructor candidates to become AHA Instructors by focusing on in-depth material about the Heartsaver® and BLS disciplines that candidates will be teaching. The hands-on session includes instruction, practice, and an exam, allowing instructor candidates to successfully use their instructor materials and skills. The Instructor Essentials

Course is designed to prepare instructor candidates to teach AHA instructor-led and blended-learning course formats. Cost \$300.00. We schedule private courses if the need arises for a group.

February 18 th	@9am	May 20 th	@9am
August 19 th	@9am	November 18 th	@9am

Safesitter Course: Safesitter is a program that teaches boys and girls age 11 to 13 how to handle emergencies and basic care skills while babysitting. This program is a 6 hour class and will be offered each summer. Course content includes: **Safety Skills:** Indoor safety, outdoor safety, online safety, and personal safety. **Child Care Skills:** Child development, child care routines (including diapering practice), and behavior management. **First Aid & Rescue Skills:** Injury prevention, injury management, and choking rescue. CPR is an optional component. **Life & Business Skills:** Screening jobs, setting fees, and greeting employers Cost \$50.00

May	@9am	June	@9am
July	@9am		

Safesitter Safe at home Course: Safe@Home by Safe Sitter® is a program designed for students in grades 4-6 to prepare them to be safe when they are home alone. Safe@Home is a 90-minute program that teaches students how to practice safe habits, how to prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the Safe Sitter® First Aid Chart and learn a system to help them assess and respond to injuries and illnesses. Cost \$20.00

Jan	@ 1:30pm	March	@3:30pm
April	@ 12pm	May	@1:30pm

Advanced Cardiac Life Support: ACLS is an advanced, Instructor-led classroom course that highlights the importance of team dynamics and communication, systems of care and immediate post-cardiac arrest care. It also covers airway management and related pharmacology. In this course, skills are taught in large, group sessions and small, group learning and testing stations where case-based scenarios are presented. Manage Core cases through small group case based teaching, Learn and practice key skills in BLS and ACLS, Skills evaluation: CPR, airway and AED, Class lectures, pre and post testing. Cost: \$130.00.

February 2 nd & 3 rd	@9am	June 8 th & 9 th	@9am
September 7 th & 8 th	@9am		

Advanced Cardiac Life Support Skills Check off: HeartCode ACLS is the AHA's blended learning delivery method for the AHA's ACLS Course. HeartCode ACLS is a self-directed, comprehensive eLearning program that uses eSimulation technology to allow students to assess and treat patients in virtual healthcare settings. To enter the course, students must complete a precourse self-assessment. Students will then be presented with a team dynamics lesson and 10 In-hospital patient cases, including a BLS case and 2 megacode cases. The cases may be repeated

as many times as necessary to pass. Upon successful completion of all the patient cases, students will take a multiple choice exam and must pass with a minimum score of 84%. After successfully completing the HeartCode ACLS Course, including the online portion it must be followed by the hands-on skills session to obtain your certification. Cost: \$30.00.

January 18 th	@11am	February 8 th	@11am
March 16 th	@11am	April 13 th	@11am
May 11 th	@11am	June 15 th	@11am
July 13 th	@11am	August 10 th	@11am
September 14 th	@11am	October 12 th	@11am
November 9 th	@ 11am	December 7 th	@11am

Advanced Cardiac Life Support Renewal: ACLS is an advanced, Instructor-led classroom course that highlights the importance of team dynamics and communication, systems of care and immediate post-cardiac arrest care. It also covers airway management and related pharmacology. In this course, skills are taught in large, group sessions and small, group learning and testing stations where case-based scenarios are presented. Manage Core cases through small group case based teaching, Learn and practice key skills in BLS and ACLS, Skills evaluation: CPR, airway and AED, Class lectures, pre and post testing. Cost \$90.00

TBD

Advanced Cardiac Life Support Instructor Course: The Instructor Essentials Course is designed to prepare instructor candidates to teach AHA instructor-led and blended-learning course formats. The course educates participants on how to adequately use instructor teaching materials, ensure that students meet learning objectives, offer student coaching skills, provide an objective skills performance evaluation, and follow AHA Instructor and course policies. The course covers core content and discipline-specific content required to teach AHA courses. Cost \$300.

July @ 9am

Pediatric Advanced Life Support: This classroom, Instructor-led course uses a series of videos and simulated pediatric emergencies to reinforce the important concepts of a systematic approach to pediatric assessment, basic life support, PALS treatment algorithms, effective resuscitation, and team dynamics. The goal of the PALS Course is to improve the quality of care provided to seriously ill or injured children, resulting in improved outcomes. High-quality Child CPR AED and Infant CPR, Recognition of patients who do and do not require immediate intervention, Recognition of cardiopulmonary arrest early and application CPR within 10 seconds, Apply team dynamics, and Differentiation between respiratory distress and failure. Cost \$140.00

March 9 th & 10 th	@9am	July 6 th & 7 th	@9am
October 5 th & 6 th	@9am		

Pediatric Advanced Life Support Skills Check Off: HeartCode® PALS is an online comprehensive eLearning program. To enter the course, students must complete the PALS

Precourse Self-Assessment. Students are then presented with 12 In-hospital patient cases and a team dynamics lesson. Cases may be repeated as many times as necessary to pass. Upon successful completion of all the patient cases, students must pass the multiple-choice exam with a minimum score of 84%. Students who successfully complete the online portion of the course receive a certificate granting them access to a PALS Hands-on Session with an AHA PALS Instructor. Students must successfully complete both the online portion and the hands-on session. Cost \$30.00

January 18 th	@1pm	February 8 th	@ 1pm
March 16 th	@1pm	April 13 th	@1pm
May 11 th	@1pm	June 15 th	@1pm
July 13 th	@1pm	August 10 th	@1pm
September 14 th	@1pm	October 12 th	@1pm
November 9 th	@ 1pm	December 7 th	@1pm

Pediatric Advanced Life Support Renewal: This classroom, Instructor-led course uses a series of videos and simulated pediatric emergencies to reinforce the important concepts of a systematic approach to pediatric assessment, basic life support, PALS treatment algorithms, effective resuscitation, and team dynamics. The goal of the PALS Course is to improve the quality of care provided to seriously ill or injured children, resulting in improved outcomes. High-quality Child CPR AED and Infant CPR, Recognition of patients who do and do not require immediate intervention, Recognition of cardiopulmonary arrest early and application CPR within 10 seconds, Apply team dynamics, and Differentiation between respiratory distress and failure. Cost \$90.00

TBD

Pediatric Advanced Life Support Instructor Course: The PALS Instructor Essentials Course is taught in a blended-learning format. To become an AHA PALS Instructor, candidates must complete the online portion, followed by the hands-on session, which is classroom based. The online portion of the course contains both core content and discipline-specific modules to prepare the instructor candidates for the hands-on session. In the classroom, Faculty will continue preparing instructor candidates to become AHA Instructors by focusing on in-depth material about the PALS discipline that candidates will be teaching. The hands-on session includes instruction, practice, and an exam, allowing instructor candidates to successfully use their instructor materials and skills. As a PALS Instructor, candidates will also be able to teach the PEARS Provider Course as well. Cost \$350.00

TBD

HeartCode Pass-off's

For those who chose to do AHA HeartCode courses and need to do a skills pass off call to schedule an appointment. We offer monthly skills check off for ACLS and PALS. We offer BLS skills check off sessions twice a month. HS skills check offs are on an as needed basis.

BLS cost \$25.00
ACLS \$30.00

PALS \$30.00

Heartsaver cost \$30.00

To schedule a course or sign up for a scheduled course please contact Jennifer Titus @ Minidoka Memorial Hospital 436-0481 ext. 2128 or email education@minidokamemorial.com.